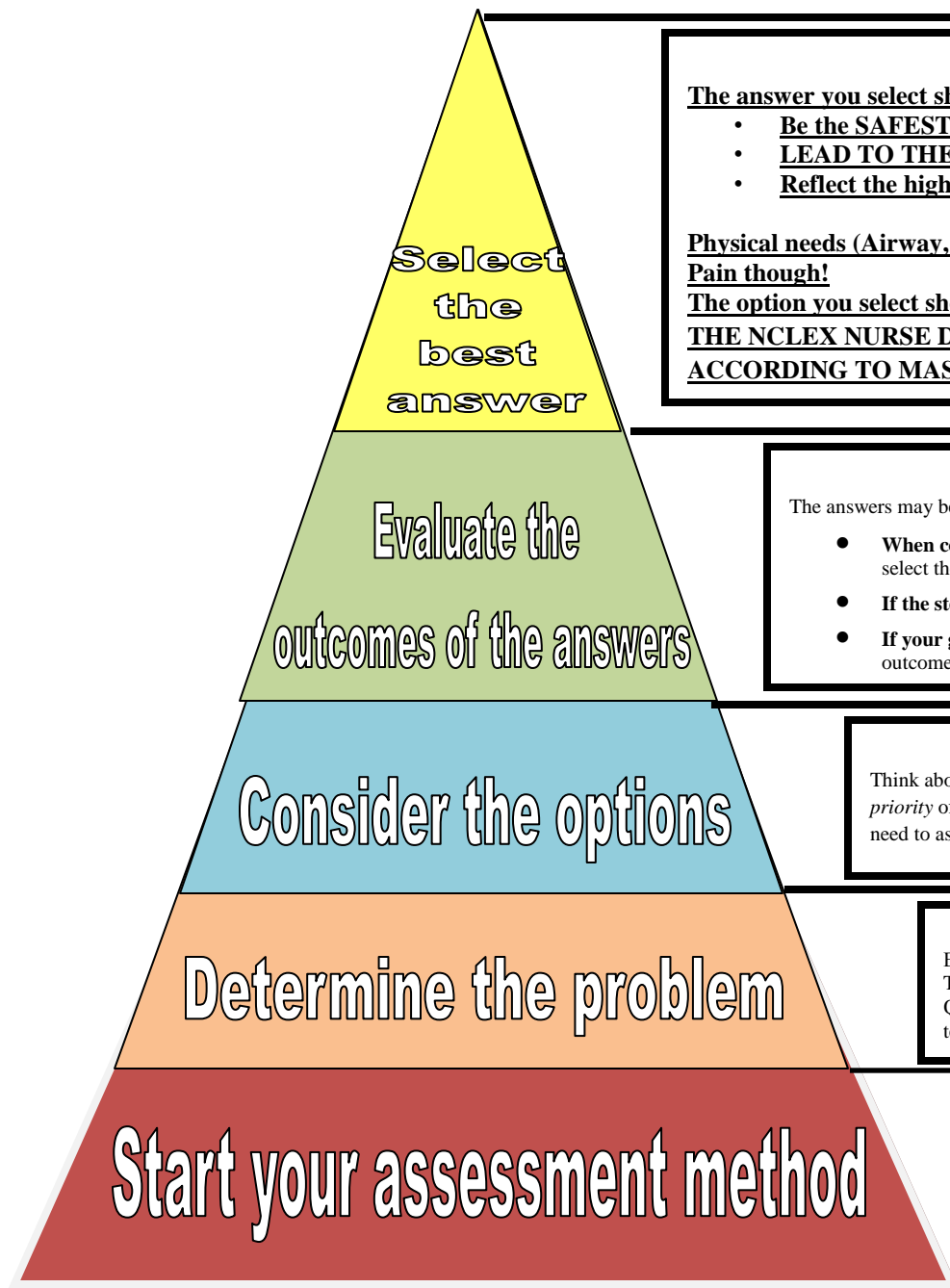


Using the nursing process to pass the NCLEX - RN



IMPLEMENTATION

The answer you select should:

- **Be the SAFEST ANSWER OF THOSE PROVIDED, that addresses the topic you identified.**
- **LEAD TO THE BEST HEALTH OUTCOME FOR THE PATIENT.**
- **Reflect the highest priority according to MASLOW'S HIERARCHY OF NEEDS.**

Physical needs (Airway, Breathing, Circulation & Perfusion) are a higher priority than psychosocial needs like grief, pain, etc. when both options are provided. Don't be fooled by Chest Pain though!

The option you select should represent the safe, high quality environment in the PERFECT NCLEX HOSPITAL or Healthcare Environment.

THE NCLEX NURSE DELIVERS SAFE, HIGH QUALITY CARE THAT MEETS THE HIGHEST PRIORITY FOR HEALTH PROMOTION AND DISEASE PREVENTION ACCORDING TO MASLOW'S HIERARCHY OF NEEDS.

OUTCOME IDENTIFICATION AND PLANNING

The answers may be assessment data, problem statements, priorities, interventions or evaluations.

- **When considering the options provided, does the stem of the question and the options give you enough information to intervene?** Or do you need more information than what is given? If you need more information, select the response that calls for you to perform an assessment to gain additional information.
- **If the stem provides enough data to intervene, select the answer with the safest intervention.** Use the nursing process steps to assure that you have considered the information provided.
- **If your gut tells you to pick a certain answer, still consider all the options before selecting it.** Your gut is most likely right, but remember these questions are designed to distract you. So be sure that you evaluate the outcomes of all the answers first before you commit to one.

DIAGNOSING

Think about what the answer choices *really* mean. Identify KEY words. Would it be *true* that you would want that choice if it was the only choice you had? Which option is the *safest* option? Which option is the *highest priority* of those provided? Do not use background information or consider "real world" circumstances like those you have had or seen. Do not "read into" the question by adding details. If they are not there, maybe you need to assess for them. Consider the options by *eliminating the wrong* choices.

ASSESSMENT

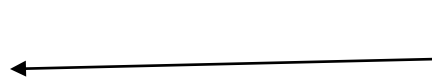
Begin by analyzing the situation described in the question's stem. This step determines what the question is asking about. Meaning who is the client, what is the problem, what is "the topic" and what is the time frame?. Questions will involve safe and effective care, health promotion and maintenance, psychosocial integrity and physiological integrity. If you need to review each of these client codes visit the NCSBN.org before you test. Once you determine the problem or topic, move to the next step to consider the options of information given to address it.

GETTING STARTED ONE QUESTION AT A TIME

This method is used with each question. Questions are answered considering that the NCLEX test involves a "textbook" view of nursing care. Therefore answers will reflect those found in textbooks and not in faculty notes. Since testing seems to feel so intense, you must plan to take breaks throughout your testing session on the NCLEX. This step requires you to validate and organize data including looking for patterns and relationships. Take your time examining each question! **Up to 4 minutes.** This step assists you to transfer your knowledge from one situation to another.

There is an order to check the pH of aspirate every four hours for a client who has a continuous tube feeding. The nurse checks the aspirate at the designated time and the pH is 8. What action should the nurse take?

- 1. Irrigate the tube with water and reassess pH
- 2. Stop the tube feeding for about an hour and then reassess aspirate
- 3. Hold the tube feeding and notify the health care provider
- 4. Continue the tube feeding as scheduled



This is the stem of the question. This part of the question will contain the topic of the question. This is followed by the responses that are made up of correct responses and distracters.

- 1. Incorrect responses are developed to distract you from the correct or best answer
- 2. When it is asking for a priority, all the responses will have some level of correctness
- 3. When selecting the answer, select the safest answer
- 4. Eliminate all other options before submitting